



JUNIOR LIFEGUARD NEWSLETTER

Ithaca-Caloundra City Life Saving Club Inc

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ABN 69 400 598 562

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Welcome Back

I hope all the children are enjoying the Junior Lifeguard Sessions and are learning lots of valuable skills. The weather really has had its impact on training this season with the rain and the wind.

This is just a quick and timely update on a few matters and reminder of the rules and Club's policies on a few things.

Caps

When each child joins the program, they received a cap. This blue and yellow cap is to be worn to every session (including the pool sessions).

If you have lost your cap a replacement cap can be purchased for \$15.

Recently I have not enforced this rule, but as you can understand this is a safety issue.

If you do forget your cap, I have spare plain blue caps that can be borrowed for the one session only. These are only to be used for that session, and will need to be returned to me (Lynda) after the lesson for washing.

Parent / Guardian Attendance

We require your attendance at every session. Your child cannot be left unattended at the beach or at the pool. The reason for this is two fold, first for safety of the child and your ability to monitor them, and secondly it is not fair for volunteers to take on the responsibility for minding children.

If your child is hurt or injured, we may need you in a hurry. Also, if there is an emergency on the beach where our instructors need to respond with other members, you will be required to collect your child immediately, therefore you need to stay within the area of training. Please stay near the Junior Lifeguard session.

Patrol Area / Verandah

Junior Lifeguard sessions are run as 'an extra activity' for the Club, however the Clubs prime focus is on patrolling the beach.

For this reason, we request parents to keep the Verandah area free as much as possible. Lifesavers need to be able to see the swimmers, bar area, and other beach areas. The area also needs to be clear in case of emergency we need to respond quickly.

We understand that you need to pay and complete forms, on the verandah and we don't mind talking to parents - it's great to get to know you all, but please be mindful of standing in front of the lifesavers on the verandah.

Using Club Equipment

Members of the program may be able to use Club equipment providing they are under parental supervision. Prior to using the equipment (rescue tubes, paddle boards etc) you must first ask Lynda or Paul. However sometimes they may not be allowed to borrow the equipment depending on certain situations at the time.

If you do borrow a paddle board, please remember that they are very expensive (over \$2,000 each), and care must be taken that they are not bumped into one another.

When using the paddle boards, they must be used outside the blue flags, and under parental supervision.

In particular please take care not to bump into public, as parents (being the legal guardians) may end up apologising to a member of the public, or in an extreme case may end up with a liability claim.

After you have finished using the equipment, please do not leave it at the waters edge. Please bring the equipment up to the patrol area and ask Lynda (or another Lifesaver) where to put the equipment. This may be up the stairs, washed or near the patrol area.

Pool Training on Wednesday Nights

The club is charged by the Pool for every swimmer. As you are aware the fee for Juniors is \$3- per session per child. This does not go to anyone in the club, but helps pay for the pool fees and to purchase equipment.

The pool charges us a lot more than what we charge per training session.

Just like a swimming lessons, others are not allowed to use the pool unless you pay the pool. The Pool has made comment us where parents and siblings of Juniors are swimming either during, before or after the session and not paying the pool.

Please be aware, if anyone other than a paying Junior member uses the pool, the pool will charge you for use.

Can I please ask that families respect this and pay the pool upfront. The pool staff will be checking with us each week from now and will be asking for payment from parents.

I would hate a see a parent being embarrassed for not paying to use the pool and the pool staff confronting them!

Before Junior Lifeguard Sessions

Pool - Can you please not enter the water prior to Paul advising that swimming will start. (may do theory first)

We are charged by the pool from 5.30 pm and can enter only then, also please keep your shirts dry prior to the session commencing.

Beach - If you do want to go swimming prior to your session, this is okay if you are not in your uniform and you are under your parent's supervision.

After Junior Lifeguard Sessions

Pool - This is not allowed as we are training the next session. (even with supervision from parents - as we are at the pool)

Beach - You are allowed to swim - under parent's supervision.

If you would like to borrow some equipment (rescue tubes, paddle boards etc), you must first ask either Lynda or Paul.

This must be also with your parents supervision, and you must not leave the equipment down at the waters edge, please bring it up to near the patrol area and ask the lifesavers where they would like you to put it.

On some occasions we will ask you to wash equipment or bring up it the stairs. Looking after the equipment is very important.

Clubhouse

As most of you will be aware, the Clubhouse was broken into on 29 January, and since the break in, we have been absolutely floored by the amount of generosity by members of the public responding to this senseless act.

We are well on the way to a recovery.

The clubhouse is only to be used by members and their immediate family. It is not for friends etc. You can use the facilities to change after swimming, but there are some rules that apply to this.

There is a basin of water at the shed / first aid room door for washing off sand before entering the clubhouse. Can we all do this as our club members have to clean up before we leave every day. Recently there has been a lot of sand and water left throughout the clubhouse by junior members. If we can please be mindful of lifesavers having to clean up other peoples mess.

Secondly, there is a new door in the clubhouse – which will have a sign on it saying Dry area only – Keep out. You must be FULLY dry to enter this area. There is a toilet prior to that door that all members can use – although the sign says ladies it is a unisex toilet.

Junior Lifeguard Carnival

Our annual beach carnival will be on **Sunday 10th April 2011** (8am to 2pm). Approximate timings

This is where we have events to show off our skills and get our certificates for the level we have achieved. We will be having a sausage sizzle and raffle as a fundraiser.

If you have anything that you would like to donate to our raffle to make it bigger and better than ever, please give to Lynda at a training session. They don't have to be expensive things. We would like to do a mega raffle this year with lots and lots of prizes. Your child will receive some raffle tickets shortly (but I need the prizes first!)

Suggestions include:-

- Gift boxes of goodies
- Vouchers
- Bottles of drink
- New Goods (unwanted presents still in boxes such as toasters, microwaves, etc)

Please - No perishable items or chocolates (they melt on the beach).

Sponsors

The Club is always looking for ways to raise funds to continue to provide its services at low costs.

I am about to order more uniforms for next season, and we have often had parents sponsor the Club by paying all or part of the cost of the shirts, or even for other clothing items (shorts, togs, towels, etc).

If anyone is able to assist, please contact me.

Thank you for your time in reading this newsletter.

I'm sure that if we know all the rules we can work in together for the enjoyment of our Juniors.

If you have any questions about this, please see me after Juniors or phoning me on 0433 771 433.

Regards

Lynda Barry
Junior Lifeguard Administrator
And Club Captain

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