



JUNIOR LIFEGUARD NEWSLETTER

Ithaca-Caloundra City Life Saving Club Inc

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Issue 7

May 2006

A big hello to all the Junior Lifeguards, Cadets and families. I hope you are all enjoying your time during the off season.

What did you think of the Carnival? I hope you all had a great time and it was fantastic to see you all there together. Thank you to all of you for trying so hard. Congratulations to all of you!

Thank You

We would like to say a big thank you to all parents, grandparents and friends who helped on the day. Unfortunately there are too many to name, but whether you held a rope, a paddle pop stick, or did the sausage sizzle, it was a big help. Especially thanks to those that did a number of things on the day.

More Activities for Cadet Lifeguards

We are planning more activities for next season for the cadets. For the current Bronze Star holders, you will be learning more about patrolling the beach, setting up patrols maybe also have some beach patrols to perform !

Extra Training for State / National Titles

For any Junior or Cadet Lifeguards that would be interested in training for the State Titles, could they please contact either Paul or Lynda. We are very fortunate enough to have Jeannie Baxter-Reid to do some training.

Jeannie was at the Beach Carnival, and spoke briefly to you. She has competed as part of the Qld, and National Lifesaving Teams, and recently competed at the World Championship, winning the World Championship Rope Throw Rescue Competition. She has also won many other events and represents the Club at these competitions. She is also a teacher of Life Saving and we are extremely lucky to have her involved. The details of the training are:-

Nambour Pool
Saturday mornings, 8am

The pool is going to be heated from 15th of May, so its not as scary as you may think. As per above, please phone Paul or Lynda if you are interested in this.

Date Claimers

There are some Club events that you may wish to attend. These events are for the whole Club and not just for the Juniors.

27th May 2006 – Senior Awards Dinner – this is for the Clubs patrolling members, and an invitation is attached for you to attend (on the reverse of this newsletter). Please be aware of the cost and the RSVP and payment dates.

15th and 16th July 2006 – First Aid Course – Aimed for Cadets Lifeguards (who hold a bronze star) and parents. This course will be attended by all members (including Senior members). You must let us know at least one week prior if you will be attending.

5th and 6th August 2006 – Bronze Training
19th and 20th August 2006 – Resus and Oxy Training
– These courses are for all the senior members of the club, but the Bronze Star holders can attend to learn some more. You must let us know at least one week prior if you will be attending.

20th August 2006 – Annual General Meeting (4pm) – The Annual General Meeting will be held at the Clubhouse.

26th and 27th August 2006 – Weekend Senior Camp – Whilst the Camp is a Senior Camp, all members are invited, and more information will follow.

2nd and 3rd September 2006 – Boat Training - This is for all the senior members of the club, but the Bronze Star holders can attend to learn some more. You must let us know at least one week prior if you will be attending.

Finally we will be starting up again in October 2006 and we will send you all an information pack closer to the time. I hope you all had a good time this season, and look forward to seeing you next season.

If you have any questions or concerns, please do not hesitate to contact me.

Lynda Barry
Junior Lifeguard Administrator
Phone : 0433 121 862

Ithaca – Caloundra City Life Saving Club Inc

Established 1954



You are cordially invited to

End of Season Senior Awards Dinner

Presentation's by The Hon Mr Mark McArdle, MLA

Saturday

27th May, 2006

5.30pm (6pm start) to 9pm

Alfie's on the beach

The Esplanade, Bulcock Beach Caloundra
(Previously known as The White Fleet)

Dress : Smart Casual

Menu (Adults menu, you choice of) Cost : \$20 Drinks not included	Menu (Child's menu) Cost : \$6 child
Entrée Beef Kebabs, or Snap Fried Calamari	Chicken Nuggets & Chips, or Calamari & Chips
Main Grilled Barra Fillet, King Prawn Salad Garlic Shelfish Chicken Ceasar	Desert
Desert Ice Cream Sundae	

For booking purposes, numbers must be known prior to Wednesday 17th May.

RSVP by Mon 15th confirming attendance, with payment before Wednesday 17th May, 2006

Please RSVP by

(a) email to the Club at admin@caloundracity.asn.au

(b) phone to Helen Morris on 07 3366 4860 (after business hours)

(c) SMS message to 0413 335 859, we will acknowledge your SMS or email