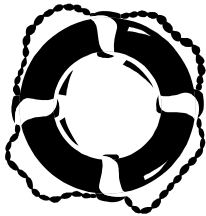




# Junior Lifeguard Newsletter

Issue 5

October 2004



## Special Points of Interest.

- Welcome
- People.
- Things you should know
- Questions.

## Questions

Lynda Barry is the administrator of the program and any fee questions and paperwork enquiries should be directed to her before or after the session.

If you have any direct training or ability questions, please see Paul Barry before or after training sessions.

## Important

A qualified instructor coordinates all activities, however a parent or guardian is required to attend and monitor their child during all sessions. **Children can not be left without a parent or guardian.**

## Welcome to New Members

We wish to express a warm welcome to all new members. We now have two training sessions—

Friday nights (6.30 to 8. Pm) at North Lakes, &

Sunday mornings at Bulcock Beach, Caloundra (8 to 9.30 am).

These sessions are actually one hour, but may run into the next hour due to certain activities, etc.

We are a volunteer organisation with each instructor giving their time on a voluntary basis.. We are continually looking for parents to

help out and can provide training and accreditation for instructors.

### People Involved

The main people are:

*Paul Barry (Co-ordinator and Coach)*

Paul is a Mango Hill resident & has been involved in life saving for over 20 years.

*Les Wakeham (Club Captain and Chief Instructor).*

Les has been involved in life saving for many years & has competed at state & national levels. Les ' responsibilities in-

clude the overall running of beach patrols & training activities..

*Lynda Barry (Administrator)*

Lynda has been involved in the Junior Lifeguard program since the inception with the club, & also acts as a first aid officer should the need arise.

*Helen Morris (Club President).*

Helen has been involved in life saving for many years and at one stage has held a position on the board of directors of the Royal Life Saving Society Qld.

## Things You Should Know

- Please have your child ready to start at the beginning of each session. (including togs, junior lifeguard shirt, cap & sunscreen).
- You will be supplied with one junior lifeguard shirt and one cap. These will need to be worn at each session, and if they are lost / misplaced, can be purchased separately.
- *Goggles*—You may purchase goggles for your child separately for use in any session.
- *Training Fees*—As you are aware the training fee is \$2-. For efficiency, we have introduced a pre-paid card system. A pre-paid card of 10 sessions (\$20-) will be available. (This can be used for more than one child). Please have this card, or your \$2- per child ready prior to each session.

*If you have any suggestions / ideas on how we can improve our program, please let Lynda know*

**We are on the web**  
[www.caloundracity.asn.au](http://www.caloundracity.asn.au)

Clubhouse  
29 The Esplanade  
Bulcock Beach, Caloundra Qld 4551

Postal  
PO Box 2082  
West Ashgrove QLD 4060

Phone: 07 5491 9797 (Clubhouse)  
Fax: 07 3285 6341  
Email: [icclsc@modemss.brisnet.org.au](mailto:icclsc@modemss.brisnet.org.au)  
Web : [www.caloundracity.asn.au](http://www.caloundracity.asn.au)

**Ithaca—Caloundra City Life Saving  
Club Inc**  
ABN 60 400 598 562

**Club Contact's (Junior Lifeguard)**

Clubhouse Phone (Preferred contact number)  
Weekends only, Ph 07 5491 9797

Administrator  
Lynda Barry (Ph 0433 121 862)

Coaches:-  
Paul Barry  
Les Wakeham

## FUNDRAISING

We are seeking idea's on fundraising:

We are a volunteer organisation, and kept alive by donations from the public. Any funds raised are used to directly benefit members. (Last year we raised funds and purchased nipper boards to use on Sunday Junior Lifeguard sessions).

Please see Lynda Barry if you have any questions, ideas that may assist in helping the club continue in its operations in patrolling Bulcock Beach and Public Education.

***We need your help.***

## SPONSOR'S WANTED

Sponsorships can be anything from cash donations (which are Tax Deductible), donation of things for raffles or for use by the Junior Lifeguards; or advertising (i.e business name on T-Shirts). Please contact us for further details

## T-Shirts, Cap's & Togs

### T-Shirts

The shirt and cap must be worn to each Junior Lifeguard session, so that we can identify the children and so that they are all part of a team.

As this shirt is now your child's, please wash the shirt ready for the following week.

If the shirts are lost, a replacement shirt will be provided, at a cost of \$15- (this is subsidised by the Club).

Any further questions, please speak to Lynda Barry.

### Cap's

The children are required to wear caps at all time (including in the water), again for identification

purposes, and they are a part of our uniform. Replacement caps—\$10-

Please see Lynda Barry for further information.

### Hair

For safety reasons, we ask all Junior Lifeguards with long hair to tie their hair back prior to the session.

### Togs

We are pleased to advise, the Club's togs are available for sale.

Togs are ordered from the manufacturer as required and full payment is needed up front, when an order is placed.

Cost is:-

Girls	\$30-
Boys	\$20-

These prices are subsidised by the Club.

The sizes are standard children sizes.

Please see Lynda Barry for further information.

