



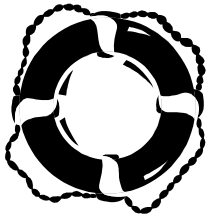
Junior Lifeguard Newsletter

Ithaca - Caloundra City
Life Saving Club Inc



Issue 3

January 2004



Special Points of Interest.

-
- Skills Presentation Day, Sunday 13th April
- Bring a friend day
-
- T-Shirts, Cap's & Togs

Bring a friend day
25 January 2004

Do you love being a Junior Lifeguard !

Do you have any friend that might be interested in joining.

If so, why not bring them along to our training session on Sunday 25th January.

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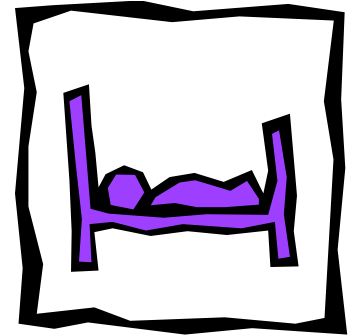
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Skills Presentation Day

A Skills Presentation Day is planned for Sunday 13th April (Just before Easter).

This will be a special day where the family is invited to observe all the wonderful skills the children have achieved.

There will be competitions, an award ceremony, Trophies, and a free sausage sizzle after-

wards.

We expect the day to commence at the usual starting time of 8am, and finish around 10am. (we may go a little over-time, but we will be having fun!)

This is a chance for our Junior Lifeguards to 'show off' all their special talents.

All of your family are

invited—including Grandma, Grandad and anyone else that you and your child would like to have at the presentation day.



If you have any suggestions / ideas please let us know. (Lynda and Tracey)

We are on the web
www.caloundracity.asn.au

**ITHACA - CALOUNDRA CITY
LIFE SAVING CLUB INC**

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DID YOU KNOW

Your Junior Lifeguard Club is the only Junior Lifeguard Club on the Sunshine Coast.

We are probably the cheapest as well.

Club Contact's (Junior Lifeguard)

Clubhouse Phone (Preferred contact number)
Weekends only, Ph 07 5491 9797

Coach / Co-ordinator
Paul Barry (Phone 0413 335 859)

Administrator
Lynda Barry (Phone 0413 381 442)

Assistant Coaches:-
Vacant

SPONSOR'S NEEDED

Sponsorships can be anything from cash donations (which are Tax Deductible), donation of things for raffles or for use by the Junior Lifeguards; or advertising (i.e business name on T-Shirts). Please contact us for further details

T-Shirts, Cap's & Togs

T-Shirts

The Junior Lifeguard shirt must be worn to each Junior Lifeguard session - this is so that we can identify the children and so that they feel part of a team.

As this shirt is your child's, please wash the shirt ready for the following week.

If the shirts are lost, a replacement shirt will can be arranged, at a cost of \$10- (which is heavily subsidised by the club).

Any further questions, please speak to Lynda Barry.

Cap's

The children are required to wear caps at all time (including in the water).

Hair

For safety reasons, all Junior Lifeguards with long hair will be asked to tie their hair back for the session.

Togs

We are pleased to advise, the Club's togs are available for sale.

Togs are ordered from the manufacturer as required and full payment is needed up front, when an order is placed.

Cost is:-

Girls	\$30-
Boys	\$20-

We will be placing an order during

January, so if you would like some togs ordered, please see Lynda.

These prices are heavily subsidised by the Club.
The sizes are standard children sizes.