



# LIFE SAVING CLUB SIGN ON DAY

## JUNIOR & SENIOR MEMBERS



Ithaca – Caloundra City  
Life Saving Club Inc

**Tuesday (15 Dec) Pathways Pool, North Lakes Leisure Centre, 6pm**

### Junior Membership

*(be quick, we can only take 50 junior members)*

Kids have fun and gain fitness whilst learning important life saving and emergency skills. Age 6 to 13 years. Must be able to swim 25 metres. Trains : Tuesday (Pathways) 5.30pm to 7.15pm

Sunday (Caloundra) 8am to 10am (45 min drive)

### Senior Membership

Senior Members (13+) perform volunteer beach patrols (4 x ½ days a month) and train for the Bronze Medallion and other awards (Radio, Inflatable Boat, etc). No swimming skills necessary (we have members of all abilities such as non-swimmers and 'Grey' members, even whole families can join and patrol together).

**Club Background** : Ithaca – Caloundra City Life Saving Club has been patrolling Caloundra's Bulcock Beach for over 50 years and is the smallest Life Saving Club on the Sunshine Coast.

Bulcock Beach is a white sand (non Surf) Beach only 45 minutes drive from Mango Hill. Members learn all aspects of Life Saving and Emergency Care, and after 'learning the ropes', they can

progress to learn more advanced and interesting skills (i.e. Power Rescue Boat Skipper). The Club is a family orientated Club with most members living in the Mango Hill area.



*For further information, please contact*

Contact **Lynda**, Club Captain, **ph 0433 121 862**, eMail [captain@caloundracity.asn.au](mailto:captain@caloundracity.asn.au)

Please look at the Club website for more info : [www.caloundracity.asn.au](http://www.caloundracity.asn.au)

*Having fun whilst performing a Community Service*

